

Shree Kadwa Patidar Samaj (UK) Family Sports Day 2010

Sunday 12th September 2010

at Aldenham School, Aldenham Road, Elstree, Hertfordshire, WD6 3AJ

The Family Sports Day

It is that time of the year again. For only one Sunday a year it is time for you and your family to come and enjoy.

It's not just a sports day it's also a FUN day for the whole family. We have designed to bring fun for all age groups and for people at all fitness levels. It is a day not just for winning but also for having fun. We want to see all of you out there, especially children, mums and dads, baa's and bapuji's.

Here you can meet friends, have fun, have a laugh, be a participant, be competitive and be part of the community, so get your trainers on and come down for a enjoyable day.

We want you to have a fun and complete day – So we need your cooperation

- We need your Entry forms completed and submitted by 3rd September 2010
- We need registration to be done between 9.00-9.30, This will help us keep to a time table so we can have the draws for events ready. This will also enable us to have more time on the fun games for all age groups.
- We need to have stricter number of entrants per event so it will be on first come first bases principle.

Administration

- All entries must be submitted by 3rd September 2010 by completing the enclosed entry form.
- **All participants for all events must register between 09:00 and 9.30 at the registration desk on the day. Failure will result in you missing your event.**
- Short tennis rackets will be provided by the Samaj. For other individual events please bring your own rackets, table tennis bats, etc.
- Food and refreshments will be provided.

Events

BADMINTON (SINGLES ONLY)

Singles - 10 – 14 years, 15 – 60 years.
Seniors doubles.
Each match is played to 11 points.

TABLE TENNIS (SINGLES ONLY)

Singles - 10 – 14 years, 15 years and over.
Each match played for 11 points.

SHORT TENNIS (SINGLES ONLY)

Singles - 9 years and under,
Each match played for 11 points.

DARTS (OVER 50s ONLY)

VOLLEYBALL

Males (Traditional) - Females (Softball)
Each match played to 10 points.

FIVE-A-SIDE FOOTBALL

Under 9s (mixed), 10 years and 14 years, 15 years and over.
Preliminary games 5 minutes one-way.
Final, 8 minutes one-way.

FUN GAMES

All age groups.
Lemon & Spoon race, Balls in bucket,
tug of war and much much more (time permitting).

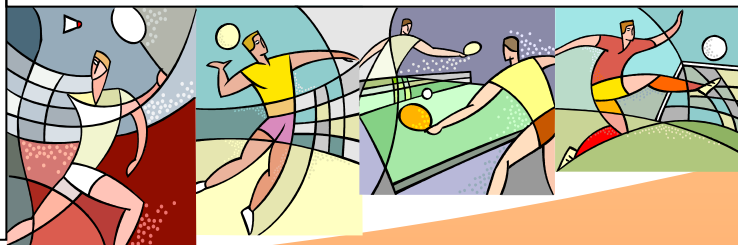
SENIOR CITIZENS

Activates including cards and chopat

Volunteers

Please spare some time and help to make the Sports day a day to remember. We need referees, events administrators, and assistants. PLEASE HELP US TO SERVE OUR COMMUNITY

Interested? Please select the relevant box on the entry form or contact Kirit Trambadia on the sport day.



ANY QUERIES ? Please contact one of the following organizers, by Email: webmaster@kpsuk.com or -

Jaisukh Savani- 020 8208 1234, Kirit Trambadia – 020 8537 0155, Rajan Dalsania 020 8204 1190.