

KPS NEWS



Newsletter for Shree Kadwa Patidar Members in UK

Editor: Chandubhai Makadia

Monthly Social and Sports gathering for KPS members by Manoj Ardeshta

The Executive Committee has approved a proposal to start a monthly social and sports gathering for our community at Kadwa Patidar Centre. This gathering will be based on the Senior Citizens Mandal and the last Friday of the month party which are both running very successfully over the years.

The aim is to have this family gathering on the same day as the last Friday of the month gathering so that the whole family including children, youth, ladies and senior citizens can also come along. The last Friday of month party will continue in the same format as before so that the members who attend this gathering will continue to enjoy the party as before.

All SKPS (UK) members are welcomed and we are hoping that this gathering will become a fun evening out for the whole family every month.

We are planning to organise various activities for people from all age groups and make it as exciting and enjoyable as possible. To start with the games and activities will include Badminton (two courts), Table Tennis (two tables), darts, pool, Carrom and other board games, Chopat, poker, cards etc. We are also planning to organise fun games



in the hall. Once the Dining hall extension is completed we will be able to expand badminton courts, table tennis tables and other activities if necessary.

The convener of this event is Kiritbhai Trambadia who will be supported by a group of volunteers. The gathering will start at 6.00pm and finish around 11.00pm. Vegetarian food (different varieties each month) will be served between 8.30 and 9.30pm.

We already have donors for food for the next five months. If you wish to donate food in the future or help in the organisation please e-mail kiritpatel@sunageurope.com or phone Kiritbhai Trambadia on 020 8537 0155.

It important for us to know how many people are planning to come along (the more the merrier) so that we organise sufficient food for everyone.

Please email your RSVP with number of people attending from your family to alpspatel@aol.com

or phone Alpesh Makadia on 020 8908 6501.

Visit www.kpsuk.org

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Project groups set up at Youth Forum meeting III By KPS Youth Committee



‘It’s basically a party not necessarily aimed at youths but a chance for us to say “The KPS Youth Committee Presents...”’



Visit www.kpsuk.org for a full report and notes of KPS Youth Forum meeting on 17 January 2010

The Youth Forum meeting on Sunday, 17 January 2010 was really a chance to gauge people’s thoughts about the new KPS Youth Committee and to discuss the groups and their ideas.

After a brief introduction, we moved on and gave each group 15-20 minutes to discuss ideas.

There were a few ideas that stood out. One was to organise a themed party along the lines of a 70’s/ABBA/Bollywood night. It’s basically a party not necessarily aimed at youths but a chance for us to say “The KPS Youth Committee Presents...”, to make a statement that we’re not just about having lots of meetings, we are doing things and this is just the beginning.

It is also a chance for us to get out of the winter doldrums and to socialise and get to know each other. There will be more discussions on this idea and a poll to decide when would be the best time and if people would be interested.

Another idea is collaboration with the Community Development Subcommittee in organising the Diwali function this year. This is a chance for

us to put our views across and to have our ideas heard. The Diwali function is looking to be something different. As with the above idea it is also a chance for the wider community to see that the Youth Committee are actively involved.

We would also like to say thank you to Anand Vyas from the National Sewa Day Project who took time out to give us an introduction to his project.

The National Sewa Day Project is one that is looking to transform society. Its premise is that on the 21st November 2010 and thereafter annually people take part in a Sewa activity which will help the environment, provide joy where none exists and help the poor and needy. The only condition being that you are not allowed to raise money.

If you are interested in this role please contact us and we will give you more information and contact details for Anand. For more information regarding national Sewa day please see the website

www.nationalsewaday.org.

There will be new timings for any further

Youth Forum. There will be a poll to gauge people’s thoughts about what the best day and time will be.

We are very happy that so many of you are involved in the Youth Committee but we want more. It is not necessary that you are actively involved in the groups but we want you to be aware that we exist and of the work we are doing; we will be collecting everyone’s email addresses so we can keep everyone informed (also please join our KPS Youth Face book group).

The rationale behind the committee is not only to focus on these projects but to continually discuss any Samaj related issues and to achieve this we hope to improve communications and can only do this with your help.

If you have any comments or suggestions please e-mail

kpsyouth@kpsuk.org

or post them on face book group KPS Youth Group UK.

For full report , meeting notes and pictures visit

www.kpsuk.org

Dining Hall Extension - The latest news

By Bipin Kantaria

After the dreary and cold first 2 months of the contract, we are now out of the ground and steel erection should commence in 2 weeks time. The contractor did encounter some obstructions of concrete boulders in ground and the subsequent rerouting of the below ground drainage. These were the unknown risks which we expected as our land used to be local council backfill site. As a consequence we are 2 weeks behind the programme.

The final contract sum overrun is still below our budgets, however the building committee have decided to spend more to upgrade the remaining of car park, CCTV to our complex, electric blinds and have audio/video facilities with screens to make the extension more attractive to hirers.

Regarding fund raising, we have received £300,000 of pledges/donations so far of the £600,000 funds we were looking for.

We have pledges for all the large donations, however there are four Plaques still available at £5,000 each.

The continuing success of the Samaj will only be realised if we get the support from **all the members of our community**, so those who have yet to give, please do so generously and quickly as time is running out. Please send your donations to Maganbhai Bhimani.



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KPS Estate Management to be reviewed

By Bipin Kantaria

With the completion of the extension in August 2010 and with more facilities, the Executive Committee felt it was appropriate to have a major review and new strategy for our Samaj Estate. The committee elected Bipin Kantaria (Chair), Suresh Kansagra, Arun Ardreshna, Rajni Kansagra and Chandu Makadia to manage this process.

The key area which we will look into are marketing to optimise rental income, the hiring charges, benefits to KPS members, booking and hiring arrangements and human resources.

The process includes reviewing the existing practices, research for the best practice and competition, prepare detailed brief, have a strategy day to discuss

all the issues and report to the new Executive.

It is anticipated that the **Strategy day** will be held in late May or early June 2010. All the Samaj members will be invited for this day. Meanwhile if you want any more information, please don't hesitate to contact us:

kataria1@gmail.com



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Senior Citizens Celebrate India's Republic Day

The Senior Citizen Mandal celebrated the Republic Day of India on Tuesday 26 January 2010 at Kadwa Patidar Centre.

To mark the occasion they collected and sent clothes for the Orphans' Home (Annath Ashram) in Rajkot as well as for

Old People's Homes in Rajkot and Morbi, Saurashtra.

Jai Shree Krishna



Bhumi Poojan ceremony

By Manoj Ardeshta



Despite dreary cold and wet day over 250 community members attended the ceremony

Bhumi Poojan ceremony took place on Sunday, 21 February 2010 at Kadwa Patidar Centre. Despite dreary cold and wet day over 250 community members attended the ceremony.

The chief Guests were Ashokbhai Adodra, his wife Sarojben and family from Kenya. After the welcome ceremony the Bhumi Poojan took place in the small canopy erected on the building site. Ashokbhai and Sarojben took part in the religious ceremony which was watched by over 250 people via a video link in the main

hall.

Bhumi Poojan ceremony was followed by brief speeches from the President, Babubhai Makadia, Rajnibhai Kansagra and Ashokbhai Adodra. Babubhai thanked Ashokbhai for his donation and said he was proud that KPS is embarking on another building project that will not only make Kadwa Patidar Centre one of the best function halls in North West London but also help us to develop our Samaj for the future.

Rajnibhai thanked those who organised the func-

tion and reiterated that we still needed donations to fully fund the project and asked members to donate generously. Ashokbhai thanked the Samaj for being a great host to him and his family and wished well with the construction of the Dining Hall.

The video of the original Bhumi Poojan, which was taken in 1992 by Jaisukh Savani, was shown on the big screen and the audience enjoyed watching it. The ceremony ended with a couple of raas and a nice lunch.

Have your say at the AGM

By Manoj Ardeshta



It's very important that our members make every effort to attend the AGM to show their support

Our Annual General Meeting (AGM) will be held on Sunday, 11 April 2010 at 12.00noon at the Kadwa Patidar Centre. All SKPS (UK) members are invited to attend this meeting. The papers for both organisations, Shree Kadwa Patidar Samaj (UK) and Kadwa Patidar Samaj (UK) Ltd, have been sent out with this newsletter.

We are very pleased that over 200 people attended the last two AGMs and we would like to see even more people taking interest especially

the youths. It's very important that our members make every effort to attend the AGM to show their support. The agenda includes the President's address, report from the chair of the KPS (UK) Ltd and elections for both organisations. The best way to have your say in the running of your Samaj is by attending the AGM and casting your vote.

The election procedures have been revised this year and an Election Committee has

been set up to manage and conduct the elections. Mansukhbhai Changelas (Ex- President) has been appointed as a Chair of this committee. If you would like to join the committee you will need to complete and return an appropriate nomination form. If you are unable to attend the AGM but still wish to cast your vote you will need to complete and return proxy forms for both organisations. The AGM will last approximately 2 to 3 hours.

17th Cultural Variety Show

By Chandubhai Makadia

With the success of last year's Cultural Variety Show we are pleased to announce that we are preparing for another Cultural Variety Show, this time with a difference. The show will be held on Sunday 18th April 2010, from 3:30pm. For further details about the show please check our website.

This year we are planning to celebrate performances from the diverse cultures that make up India. If you wish to perform on the night you are encouraged to

talk to the show convenor Mr Chandubhai Makadia.

As always, to celebrate the success and achievement of our youth we are rewarding new graduates during the show. If you have any graduates in your households that you wish to honour, please forward their details onto Chandubhai Makadia (see below for contact details)

We will also be presenting a special award to one of our members who has been very suc-

cessful in various fields and his/her profession.

Once again if you do have a special talent and you would like a stepping-stone to the mainstream this will provide you with a much-needed platform. Please come forward and register your name for the show.

Contact details:

Chandubhai Makadia

Tel 020 8924 0167

Mob 077 3246 8644

Or e-mail:

makadiacr@yahoo.co.uk



This year we are planning to celebrate performances from the diverse cultures that make up India

New Format Diwali Celebrations in 2010

By Bipin Kantaria

After a cold, snowy, wet and dreary winter the brightness of spring is showing its shy head again, you would be wondering why are we thinking about Diwali celebration which is time ahead. Well the reason for this is that the 2010 Diwali celebration will be the first one after our elegant extension is build and more important the KPS Youths will be participating and bringing new ideas for

the first time.

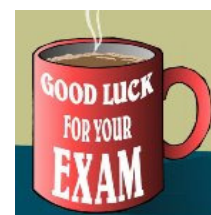
To give you the flavour of what we are planning, the programme will include a spectacular opening event organised by the youths and fireworks display at the end (if we get permission). In addition to other stage shows by youths, we will also be giving annual life time achievement award, There will also be displays of collaborative rangoli, arts and crafts, candles and cards de-

signed by kids, separate youth forum and special raffle draws with big prizes. To top it all to wet our appetites we will have a Ankot display to share all the delicacies of our members cooking abilities. If you have any suggestions or wish to participate in this year's Diwali Function e-mail kataria1@gmail.com. So please book 7th November 2010 into your dairies.



the programme will include a spectacular opening event organised by the youths and fireworks display at the end

All the best to all those KPS youngsters who are taking exams over the next few months – KPS News



Invitation to Baltimore Convention 2010

By Arvind Sitapara, KPSNA 2010 Milan Team, USA



The national conventions provide a platform for members to interact socially, professionally and casually

We are very happy to invite our community members and business owners in the UK to attend KPSNA 2010 Milan Convention in Baltimore, Maryland on July 3, 4 and 5, 2010.

This "Milan" is being held in the very prestigious, Baltimore Marriott Waterfront Hotel, located on the Inner Harbour area. We are expecting over 1200 KPSNA members from the United States and Canada to attend our

"Milan". The national conventions provide a platform for members to interact socially, professionally and casually. KPSNA also provides a strong link between families living in the North America, India and UK.

We are planning a number of forums, which include; health forum, business forum, social discussion forum and more. Considering the great progress that our KPS community mem-

bers have made in UK, it will be a unique opportunity for all of us to share our knowledge by holding business forum to exchange opportunities in both countries.

Registration can be completed by printing the registration form from our local website

www.kpsna2010milan.com

or our national web site

www.kpsna.org.

You can also contact us by e-mail at

info@kpsna2010milan.com

News in brief

Family Picnic

After last year's success of Family Picnic and BBQ we are looking for a suitable venue for this year's Picnic. If you have any suggestions or comments please e-mail them to: manoj.patel@talktalk.net
The date of this year's Family Picnic is Sunday 18 July 2010.

E-mail Address

If you wish to receive latest news on what is happening at KPS and information on events and activities by e-mail please register your details on our new website. Alternatively e-mail your name, family no. and your mobile number to :

manoj.patel@talktalk.net

KPS Members who passed away recently



Mrs Jayaben Ramanlal Koradia

Deceased: 21 December 2009

Age: 63 Years

Place: London



Mr Shailesh Premjibhai Lalakiya

Deceased: 9 February 2010

Age: 45 Years

Place: Rickmansworth



Mr Kanjibhai Ramjibhai Makadia

Deceased: 13 February 2010

Age: 85 Years

Place: Leicester



Mr Dineshbhai Laxmidas Kansagra

Deceased: 21 February 2010

Age: 58 Years

Place : London

Om Shanti... Shanti... Shanti...

My wife is going deaf

Maganbhai visits his GP for his routine check up. After his check up, the GP asked him whether he was worried about anything. Maganbhai said "yes, I am very worried about my wife; I think she is going deaf." "I told her that but she doesn't believe me". GP asked "Why do you think she is going deaf?" Maganbhai replied "When I talk to her she doesn't always reply back." GP asked "How far is she away from you when she doesn't reply back?" Ma-

ganbhai said "I am not sure." GP said "To establish whether your wife is going deaf or not you will need to do a test and let me know the maximum distance between you and your wife when she can hear you."

Maganbhai goes home. His wife was cooking a meal in the kitchen so he thinks it's a good opportunity for him to test his wife's hearing. He stands 15 feet away in the through lounge and asked loudly "What is for

dinner tonight dear?" There is no answer. So he stands a bit closer (8 feet away) and asked the same question. Again he doesn't get any reply. So, he goes very close (1 foot away) and stands right behind her and asked "What is for dinner tonight dear?" This time his wife replies back and says "Why are you shouting at me?" - "And for the **THIRD TIME** dear it is Idli Sambhar tonight!"



Maturity is a bitter disappointment for which no remedy exists, unless laughter can be said to remedy anything, - Kurt Vonnegut

Don't mess with Indians! ! !

A lawyer and an Indian are sitting next to each other on a long flight. The lawyer is thinking that Indians are so dumb that he could get one over on them easy... So the lawyer asks if the Indian would like to play a fun game. The Indian is tired and just wants to take a nap, so he politely declines and tries to catch a few winks. The lawyer persists, and says that the game is really, really a lot of fun.

"I ask you a question, and if you don't know the answer, you pay me only \$5; you ask me one, and if I don't know the answer, I will pay you

\$500," the lawyer says. This catches the Indians attention and to keep the lawyer quiet, he agrees to play the game.

The lawyer asks the first question. 'What's the distance from The Earth to the Moon? The Indian doesn't say a word, reaches in his pocket, pulls out a five-dollar bill, and hands it to the lawyer.

Now, it's the Indian's turn. He asks the lawyer, 'What goes up a hill with three legs, and comes down with four?' The lawyer uses his laptop and searches all references he could find on the Net. He sends e-

mails to all the smart friends he knows, all to no avail. After one hour of searching he finally gives up. He wakes up the Indian and hands him \$500. The Indian pockets the \$500 and goes right back to sleep.

The lawyer is going nuts not knowing the answer. He wakes the Indian up and asks, 'Well, so what goes up a hill with three legs and comes down with four?' The Indian reaches in his pocket, hands the lawyer \$5 and goes back to sleep.

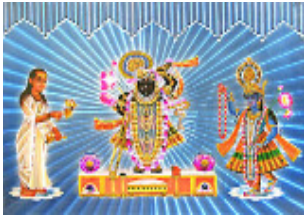


**To truly laugh, you must be able to take your pain, and play with it!
- Charlie Chaplin**

**If you have any good jokes please e-mail them to
makadiacr@yahoo.co.uk**

Samu Saptah

By Pallavi Makadia and Champaben Bhalodia



Currently six Yajmans have agreed to participate and there is still opportunity for three more Yajmans.

We are pleased to advise you that the Samu Saptah is definitely taking place on the dates below.

Currently six Yajmans have agreed to participate and there is still opportunity for three more Yajmans.

The placements will be allocated based on first come first serve basis.

Closing date to participate as Yajmans is 30th April 2010.

The cost of the Saptah will be approximately £3,000 per Yajman.

The recital timings will be from 10.00am to 12.30pm & 3.00pm to 5.30 pm subject to changes.

Puja will be at approx . 8am to 9am

Venue
Kadwa Patidar Centre,
Kenmore Avenue,
Harrow,
Middlesex HA3 8LU

Date: 30 Aug-6 Sept2010

For further information please contact

Pallavi Makadia on
020 8841 1141

Champa Bhalodia on
020 8578 8105

Forthcoming Events in 2010

| | | | |
|-----------------------|----------------------|------------------------|---------------------|
| Mother's Day Party | 13 March 2010 | Navratri | 08 -17 October 2010 |
| AGM | 11 April 2010 | Sharad Poonam | 22 October 2010 |
| Cultural Variety Show | 18 April 2010 | Diwali Dinner & Dance | 30 October 2010 |
| Family Picnic | 18 July 2010 | Diwali - Chopda Poojan | 5 November 2010 |
| Samu Suptah | 30 Aug - 6 Sept 2010 | Diwali Function | 7 November 2010 |
| Sports Day | 12 September 2010 | New Years Eve Party | 31 December 2010 |

Healthy Living – Preventative Medicine

Many GP surgeries run a variety of preventive medicine clinics. Their aim is to assess your general health and your risk of a variety of diseases common in old age, and to give advice on how to prevent them.

The checks may include:

Weight and **body mass index** (BMI) assessment

- Blood pressure
- Eye check for signs of diabetes, glaucoma and high blood pressure
- Cholesterol levels and electrocardiogram (ECG) to assess your risk of heart disease
- Urine and blood sugar measurement to test for diabetes, along with liver and kidney function blood tests
- Breast examination and advice on self-examination
- Cervical smear to detect pre-cancerous changes
- Examination or scan for ovarian cysts
- Prostate assessment and advice
- Testicular examination
- Chest x-ray
- DEXA scans to assess your risk of osteoporosis

